

I.N.S.P.I.R.E. Your Creativity

Seven ways to kickstart your creative flow.

I

Set
a new
INTENTION

N

Learn from a
NEGATIVE
experience

S

Appreciate
your
STRENGTHS

P

Reflect on a
PAST
success

I

IMAGINE
your ideal
future

R

RISE
above a
big block

E

EXPLORE
a new
opportunity